

CLINICAL SKILLS Teaching Aids



Skills training for healthcare professionals



Dalton Square Medical Ltd
*"Helping you meet the needs
of tomorrows healthcare
professionals today"*

OSCEs for Finals DVD Volume 1

This is a comprehensive clinical skills teaching aid. It provides a filmed range of common OSCE scenarios, with particular emphasis on stations that assess practical skills and examination technique.

The accompanying booklet provides scripts of the consultations, keypoints, common mistakes, marking sheets and references for further reading.

Contents

- Male catheterisation
- Nasogastric tube insertion
- Inhaler technique
- Abdominal examination
- Abbreviated mental state examination
- Respiratory examination
- Chest pain history
- Cranial nerve examination
- Confidentiality, personal & professional development
- Patient education: new oral combined pill teach

Versions available

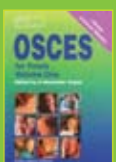
OSCEs for Nurses DVD Volume 1 - Library Single
Part No: **DMNURS-VOL1LIB-S**
(1 DVD for use within a skills centre/library reference section)



OSCEs for Nurses DVD Volume 1 - Library Multi
Part No: **DMNURS-VOL1LIB-M**
(1 DVD for use within a skills centre/library reference section and 10 for loaning out)



OSCEs for Nurses DVD Volume 1 - Intranet
Part No: **DMNURS-VOL1INTR**
(1 DVD for an intranet system)



Male catheterisation script...



...key points, mistakes & marking



Nasogastric tube insertion

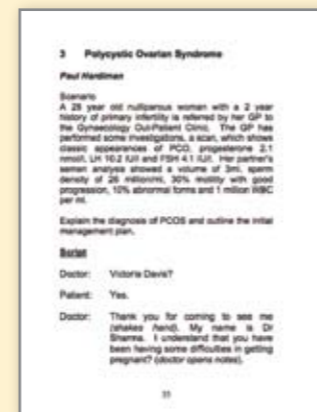


Male catheterisation: patient positioning

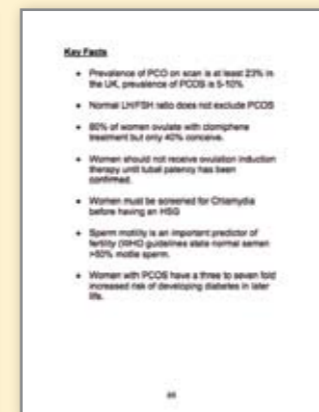


Inhaler technique

View the sample on our website



Polycystic Ovarian Syndrome script...



...key points, mistakes & resources



Labour ward



Clinic review following a maternal death: bad consultation



How to maximise your communication skills

View the sample on our website

OSCEs for MRCOG DVD Volume 1

This comprehensive teaching aid provides candidates for the first time with filmed consultations of OSCEs. It gives model answers to common clinical scenarios and excellent advice on how to tackle some of the most difficult counselling stations. Pass and fail performances are filmed with accompanying narration to explain potential pitfalls.

The accompanying booklet provides the scripts of the consultations, key points on the subjects covered and references for further reading.

Contents

- How to maximise your communication skills
- Clinic review following a maternal death
 - bad consultation
 - good consultation
- Polycystic ovarian syndrome
- Uterine balloon therapy system (Thermachoice III)
- Hypothyroidism in pregnancy
- Antenatal screening for trisomy 21
 - bad consultation
 - good consultation
- The abnormal smear
- Labour ward
- Endometriosis

Versions available

OSCEs for MRCOG DVD Volume 1 - Library Single
Part No: **DMRCOG-VOL1LIB-S**
(1 DVD for use within a skills centre/library reference section)



OSCEs for MRCOG DVD Volume 1 - Library Multi
Part No: **DMRCOG-VOL1LIB-M**
(2 x DVDs for use within a skills centre/library reference section and 1 for loaning out)



OSCEs for MRCOG DVD Made Easy Volume 2

follows on from the highly successful Volume 1. It again provides candidates with filmed consultations of OSCEs, giving model answers to scenarios from past MRCOG OSCE exams. The focus is again on the form of words to use, non verbal communication skills and has advice from leading experts on how to rectify any bad communication habits, that might have crept into your consultation style.

Contents

- Communication Skills - Trouble Shooting
- Maternal request for a VBAC, following 2 previous LSCS in the low risk midwifery led unit
- The booking visit of a 17 year old woman P1 (adopted) who is a cannabis user
- Domestic Violence and Pregnancy
- Structured viva – Clinical Risk Management & Shoulder Dystocia Complications
- Structured Viva – Secondary Amenorrhoea after ERPC
- Management of a 35yr old P1 with symptomatic stress incontinence 9 mths post partum, despite physiotherapy
- Uterine perforation at ERPC with subsequent laparoscopy & laparotomy
- The initial consultation of a couple referred for infertility
- Heavy menstrual bleeding and the levonorgestrel-releasing intrauterine system (LNG-IUS)

Versions available



OSCEs for MRCOG Made Easy DVD Volume 2 - Library Single
Part No: **DMRCOG-VOL2LIB-S**
(1 DVD for use within a skills centre/library reference section)

OSCEs for MRCOG Made Easy DVD Volume 2 - Library Multi
Part No: **DMRCOG-VOL2LIB-M**
(1 DVD for use within a skills centre/library reference section and 2 for loaning out)



OSCEs for MRCOG Made Easy DVD Volume 2- Intranet
Part No: **DMRCOG-VOL2INTR**
(1 DVD for an intranet system)



Recording temperature script...

...key points, mistakes & resources



Communication skills...



Oral hygiene



Domestic violence and pregnancy...



Recording temperature, pulse & respiratory rate



Management of a 35yr old P1 with symptomatic stress...

View the sample on our website



Handwashing

View the sample on our website

OSCEs for Nurses DVD Volume 1

This comprehensive teaching aid provides pre-registration students and tutors for the first time with filmed consultations of OSCEs. It gives model answers to a range of common OSCE scenarios, with particular emphasis on stations that assess practical skills and communication skills.

The accompanying booklet provides scripts of the consultations, keynotes, common mistakes, marking sheets and references for further reading.

Contents

- Male catheterisation
- Peak flow technique
- Blood pressure technique
- Urinalysis
- Oxygen therapy
- Oral hygiene
- Recording temperature, pulse & respiratory rate
- Oral drug administration
- Handwashing
- Good communication
- Bad communication

Versions available

OSCEs for Nurses DVD Volume 1 - Library Single
Part No: **DMNURS-VOL1LIB-S**
(1 DVD for use within a skills centre/library reference section)



OSCEs for Nurses DVD Volume 1 - Library Multi
Part No: **DMNURS-VOL1LIB-M**
(1 DVD for use within a skills centre/library reference section and 10 for loaning out)



OSCEs for Nurses DVD Volume 1 - Intranet
Part No: **DMNURS-VOL1INTR**
(1 DVD for an intranet system)



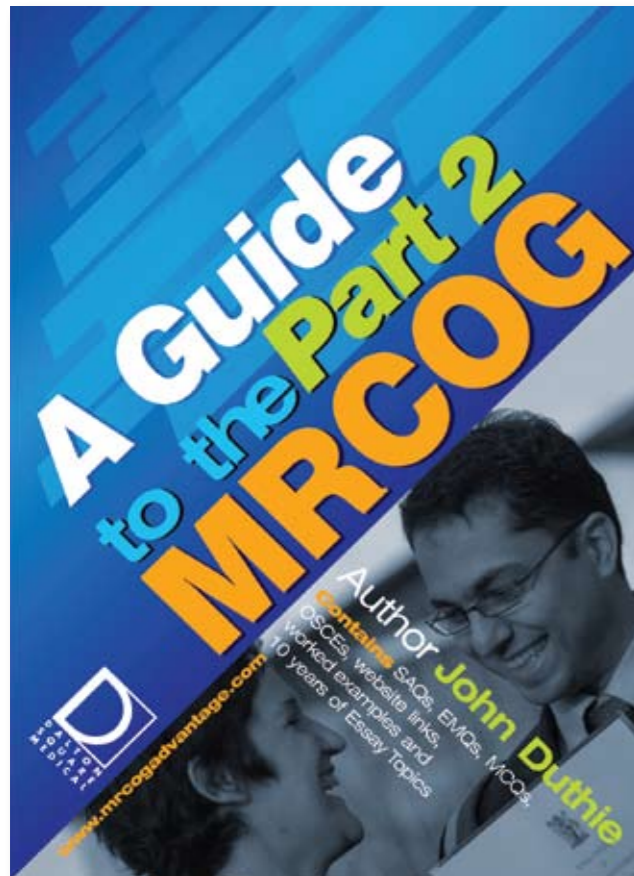
A Guide to the Part 2 MRCOG Examination

This new exam resource is the most comprehensive and definitive guide to the Part 2 MRCOG Exam to date. It covers all four components in detail.

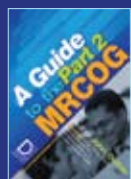
Contents

- Basics
- Short answer questions
- Extended matching questions
- Multiple choice questions
- Passing the Part 2 oral assessment
- Worked examples - MCQs, EMQs, SAQs, OSCEs
- EMQ paper
- EMQ answer paper
- EMQ answer key

Version available



A Guide to the Part 2 MRCOG Examination



Essay topics September 1997 – March 2007 – Paper 1

	Q1	Q2	Q3	Q4	Q5
Sept 1997	Haemophilia A father pre-conception counselling	Debate need for antenatal beds in obs. unit	Advice pre-pregnancy having undergone a renal transplant	Treatments available to manage severe pre-eclampsia at 32 weeks	Advice when US shows a pregnancy in one horn of a bicornuate uterus (8 weeks with uterine bleeding)
March 1998	Advice request for induction at 40 weeks for 'personal reasons'	Consider place of vaginal delivery when only child delivered by caesarean	Appraise use of forceps in prolonged second stage due to occipito-posterior fetal head at station +2cm	Comment on the UK caesarean section rate rise	Justify 'fetal CTG is unnecessary in uncomplicated low risk labour'

Essay topics September 1997...

WORKED EXAMPLES

MCQs

Remember the four key pieces of advice I have given:

1. Read the subject matter carefully
2. Allow plenty of time for revision
3. Practise specimen papers
4. Read the MCQ very carefully before you apply pencil to paper.

Consider the first two worked examples:

34. The following are reassuring in an insulin dependent diabetic woman who is considering pregnancy.

A. Pre meal capillary whole blood glucose = 7.8 mmol/l	False
B. Pre meal capillary whole blood glucose = 4.0 mmol/l	True
C. Pre meal capillary whole blood glucose = 2.0 mmol/l	False
D. HbA1C 6%	True
E. HbA1C 12%	False

35. The following are non reassuring in an insulin dependent diabetic woman who is considering pregnancy.

A. Pre meal capillary whole blood glucose = 7.8 mmol/l	True
B. Pre meal capillary whole blood glucose = 4.0 mmol/l	False
C. Pre meal capillary whole blood glucose = 2.0 mmol/l	True
D. HbA1C 6%	False
E. HbA1C 12%	True

Two items are identical but the answers are opposite. Why is this? The use of the prefix 'non' in front of 'reassuring' alters the entire meaning of the question. The subject matter is straightforward. The pregnancy care of diabetic woman is important and decisive for a good outcome in pregnancy. A candidate who is familiar with the issue and who reads the MCQ carefully would have little trouble in identifying the correct answers.

Worked examples...

INSTRUCTIONS TO ROLE PLAYER

You are Miss Lee, a 65 year old introspective spinster who has been very ill. Despite this, your respect for the medical profession remains high and you have an excessive faith in what can be achieved 'if you are worth it'. Six days previously you were admitted to the hospital with severe abdominal pain and you underwent emergency surgery to the abdomen. The surgeon who operated on you came to see you in the ward after the operation and was very guarded in what was said. You were told by the ward sister that 'the gynae Doctor' would see you today about some results which had just come through. When the gynaecologist (candidate) sees you, the news is bad.

You are told that you have ovarian cancer which devastates you. Further blood tests and sophisticated imaging (CAT scan) are required. You ask the doctor whether you would be treated at all as:

- 1) You think you may be too old, although you have previously been in good health.
- 2) You have cancer which is a death sentence as far as you can see.
- 3) It sounds as though your disease is very advanced.

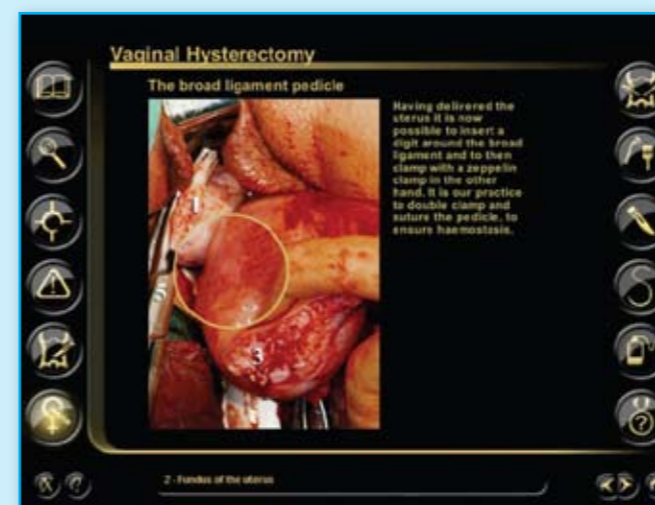
You are pleased to learn that something can be done but are terrified of more surgery. You are not at all clear about what is meant when (if) the doctor says the disease can be controlled but not cured.

Questions to ask:

What exactly do you mean doctor?
 Am I going to die now?
 How much longer do I have to live?
 Can you do anything to help me at all and if so what?

Instruction role player...

View the sample on our website



View the sample on our website

Hysterectomy - An Interactive CD-ROM Teaching Aid

An exciting interactive multimedia teaching aid for trainees in gynaecology. This CD-ROM for the first time combines textbook information with video of the operations and high resolution colour atlas images.

Contents

- Historical perspective
- Indications
- Surgical routes
- Practical aspects and problems
- Abdominal hysterectomy
- Vaginal hysterectomy
- Laparoscopic hysterectomy
- Scalpels and Handles
- Needles and Sutures
- Drains
- Surgical Instruments Self Assessment

Minimum recommended computer specifications: 233MHz Pentium or equivalent processor, 32Mb RAM, 8 x CD-ROM drive, sound card, mouse, SVGA Graphics Adapter capable of 16 bit colour ay 800x600 resolution.

This CDROM will not run on an Apple Macintosh machine.

Hysterectomy - An interactive CDROM Teaching Aid - Library Single Part No: DHYST-LIB-S (1 CD ROM for use within a skills centre/library reference section)



Hysterectomy - An interactive CDROM Teaching Aid - Library Multi Part No: DHYST-LIB-M (1 CD ROM for use within a skills centre/library reference section and 2 for loaning out)



CLINICAL SKILLS Teaching Aids

Product Reviews

OSCEs For Finals Vol 1 Reviews

"Excellent! This is a very informative DVD perfectly pitched for final year students. It takes you through key OSCE stations, such as cranial nerve examination and highlights key points to aid your learning. 'OSCEs for Finals' is very comprehensive, unique in its style and essential for all final year medical students!"

Victoria Farrow, Guy's, King's and St Thomas' Medical School

"Clear demonstrations and very useful information included in the accompanying booklet"

Rachel Draper, University of Southampton

"Engaging, effective and considerably cheaper than private revision courses, but also - dare we say it - fun to use"

The Medical Student newspaper

OSCEs Made Easy Vol.1 Reviews

"The quality of this work is excellent and straight to the point and this is what candidates really need during exam revision... it is also of great help in every day work and patients consultation in real life"

Dr H Wisa, Candidate

"All MRCOG candidates should consider buying this very effective DVD before spending a lot more money on an OSCE course..."

Dr A McEwan MRCOG Course Organiser



OSCEs For Nurses Vol 1 Reviews - Accredited and Recognised by the Royal College of Nurses

"An excellent introduction and teaching aid for new students"

Kim Meeks - Student nurse.



"This provides a good foundation towards practising excellent nursing care"

Sister Eiri Abdulgani

"The explanations on the DVD are excellent and clear, the book backs up the DVD, providing scripts that could be used during clinical skills sessions, as well as good key points that guide the student through the skills they are practising."

Joanne Starkes - Student Nurse Bournemouth University

Hysterectomy – An Interactive CD-ROM Teaching Aid Reviews

"This is an excellent teaching aid, cleverly and comprehensively put together. I strongly recommend it."

Professor John Studd

"Excellent and a fabulous learning tool. I can see myself setting membership questions from the information"

Miss Janice Rymer Consultant Obstetrician & Gynaecologist, St Thomas' Hospital

"The CD is well put together and very helpful. I recommend it"

Mr Paul Hilton, Consultant Gynaecologist, Newcastle upon Tyne

"This is a very useful aid for the trainee gynaecologist"

Mr Adam Magos, Royal Free Hospital, London



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